



ST. ANNE'S C.E.(VC) PRIMARY SCHOOL

P.E POLICY

'Together with God, Making Learning a Life Long Friend'



P.E Statement of Intent

Physical Education (PE) develops pupils' physical competence and confidence, and their ability to use these to perform in a range of activities. It promotes physical skilfulness, physical development and knowledge of the body in action. Physical education provides opportunities for pupils to be creative, competitive and to face up to different challenges as individuals and in groups and teams. It promotes positive attitudes towards active and **healthy lifestyles**. Pupils learn how to think in different ways to suit a wide variety of creative, competitive and challenging activities. They learn how to plan, perform and evaluate actions, ideas and performances to improve their quality and effectiveness. Through this process, pupils discover their aptitudes, abilities and preferences, and how to make choices about getting involved in lifelong physical activity.

SUBJECT AIMS AND OBJECTIVES

At St Anne's C.E, V.C. Primary School we aim to provide an education in P.E that:

- **To develop through an engaging and skills based curriculum that supports progression.**
- To become more skilful when co-ordinating their movements.
- To acquire and develop skills then perform them with increasing physical competence and confidence.
- To develop their ideas in creative ways.
- To develop positive attitudes to participation in physical activity.
- To develop personal qualities in physical activities and competitive situations such as commitment, fairness, playing to the rules and team spirit.
- To respond to a variety of challenges in a range of physical contexts and environments.
- To enjoy being active, taking part and learning new skills through a varied curriculum and through the extra-curricular activities on offer.
- To use movement imaginatively to communicate ideas and feelings.
- To know the effect exercise has on their bodies and begin to understand why activity is important to their general health.

Implementation

SUBJECT LEADER

The member of staff responsible for leading P.E at St Anne's is Mr Anthony Jones.

TEACHING APPROACHES

A variety of teaching and learning styles are used in PE lessons. The principal aim is to develop the pupil's knowledge, skills and understanding and this will be achieved through a mixture of whole-class teaching and individual/group activities. Teachers draw attention to good examples of individual performance as models for the other pupils and pupils are encouraged to evaluate their own work as well as the work of other pupils. Within lessons pupils are given the opportunity both to collaborate and to compete with each other, and they have the opportunity to use a wide range of resources.

Four Areas of PE

- Acquiring and developing skills.
- Selecting and applying skills, tactics and compositional ideas.
- Evaluating and improving performance.
- Knowledge and understanding of fitness and health.

Foundation Stage

Physical development of pupils in the Reception class is an integral part of their curriculum. In addition to this, fine motor skills are constantly being developed through the range of activities provided in the classroom. The pupils also benefit from outdoor play and PE equipment to help develop their gross motor skills, co-ordination and control. The time spent in this area should be used to build upon and reinforce the skills practised in the curriculum lessons. The Physical Education curriculum within the foundation unit follows objectives set out in the Early Learning Goals. The pupils gain the basic skills of spatial awareness, control and co-ordination in the way they move; and control of balls, beanbags, hoops and ropes. Pupils should be given opportunities to explore and manipulate a range of PE equipment in their own ways to build the confidence to participate.

KS1 and KS2

All pupils are entitled to a progressive and comprehensive physical education programme which covers National Curriculum requirements and which takes account of individual interests and needs. Pupils should **experience** all the programmes of study for KS1 and 2. Our aim is that children receive at least 2 hours of P.E each week.

Participation

PE is a statutory subject therefore pupils should not miss lessons. Occasionally a pupil may not be fit to take part physically and then they should be asked to observe giving feed back. This will enable them to learn and understand the work alongside their active peers and they will be better prepared when they do join in actively. There should be maximum participation in all PE lessons unless a parent has made communication with the school, following school policy. Every lesson should commence with a 'warm up', involving a five-minute session of vigorous activity, relating to the lesson and an opportunity to 'warm down'. Pupils should be taught about health related fitness. Non-participants can be involved in e.g. officiating, contributing to strategy or composition, helping organise equipment etc.

PLANNING

The curriculum planning in PE is carried out in two phases long-term (LTP), and short-term (STP)]. The LTP maps out the PE activities covered in each term during the Key Stage. This will be made available on the school shared area system under P.E & Healthy Schools.

The LTP details and reflects both the skills suggested by the national curriculum and the needs of our children. ***It should inspire and engage.***

Class teachers complete a STP for each PE lesson. These list the specific learning objectives for each lesson and give details of how the lessons are to be taught. PE activities build upon the prior learning of pupils and provide opportunities for all abilities to develop their skills, knowledge and understanding in each activity area. There is planned progression built into the scheme of work, so that the pupils are increasingly challenged as they move up through school.

Generic risk assessments are written for PE areas (hall etc) and activities. Each teacher needs to have familiarised themselves with risk assessment for their PE lesson and make the appropriate decision to ensure the safety of the children.

INCLUSION

We teach P.E to all children, whatever their ability and individual needs. P.E forms part of our school curriculum policy to provide a broad and balanced education for all our children. Our teachers provide learning opportunities that are matched to the needs of children with learning difficulties. We strive to meet the needs of all pupils with special educational needs, disabilities, special gifts and talents, and of those learning English as an additional language.

Impact

ASSESSMENT AND RECORDING

We assess the children's performance in P.E while observing them working during lessons through formative assessment and respond during activities to ensure that progression is made by all. At the end of a unit of work or physical activity, we make a judgement against the National Curriculum skills using a traffic light system of attainment before making an annual report to parents.

Using assessment systems, pupil voice and intra and inter school sport we are able to evaluate children's progress and attainment.

We celebrate children's achievement, participation in sport through school displays, assemblies, exemplar files, our web site, newsletter and locally within the community.

RESOURCES

At present, for planning, we have adopted an on-line planning tool (P.E Planning) which can be adapted or used for the purposes of any short term planning. We have a wide range of equipment to support the teaching of P.E. This is mostly located within dedicated storage sheds while some is stored within the hall. Teachers requiring equipment should notify the appointed monitors who will locate and provide such equipment for lessons.

Supporting Information

PE Kit

- Pupils need a black and red T Shirt and Black shorts for indoor PE.
- Pupils wear no footwear in the hall for gymnastics and dance.
- Pupils must wear trainers for games outside.
- Pupils participating in out of hours clubs must change out of their whole school uniform and wear their Physical Education kits. All regular PE rules apply through the clubs.

Jewellery and Hair

- No jewellery, including watches, should be worn for any physical activity.
- Parents should be informed of the class PE timetable so that they can remove earrings for that day. Any items of jewellery removed by the pupils themselves should be put safely in a draw or tray in the classroom.
- Long hair must be tied back.

MONITORING AND REVIEW

The monitoring of the standards of children's achievement is the responsibility of the subject leader. The work of the subject leader also involves supporting colleagues in the teaching of P.E, being informed about current developments in the subject, and providing a strategic lead and direction for the subject in the school.

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